

**David Miller  
Independent Shaklee Distributor  
Home Business Franchise Online  
1490 Bat Roost Rd  
Manchester, OH 45144  
937-779-0046**



<http://www.shaklee.net/mimc> or <http://www.safeandproven.com/>

**<A HREF="http://www.shaklee.net/mimc/">Shakleebabys</A> <A  
HREF="http://www.safeandproven.com/">Shakleekids</A>**

### **Natural Vitamins**

Your Home Medicine Chest is often thought about during the winter months. However if we care for ourselves and families during the whole year, the what some people call NORMAL colds, flues, aches and pains of winter, really are not as much of a problem. So do you want to rush off to the local pharmacy or over the counter cover up remedies or treat yourselves to health and wellness all year long with Natural Vitamins, Supplements and a healthy life style.

So let us peak inside a Natural Home Medicine Chest:

1. Natural Vitamins [ <http://www.shaklee.net/mimc/prodNut> ] for the whole family to fill in where even the best of food plans leave off. People need different base vitamins such as Green Vital Vitamins [ <http://www.shaklee.net/mimc/product/vitalizer> ] with Iron or without Iron, with or without K, Elder Specific Vitamins [ <http://www.shaklee.net/mimc/product/VitaLeaGold> ] and Infant [ <http://www.shaklee.net/mimc/product/20073> ] and those for Children [ <http://www.shaklee.net/mimc/product/20007> ]. There are Citrus Style Boost [ <http://www.shaklee.net/mimc/product/20635> ] and Liquid [ <http://www.shaklee.net/mimc/product/20070> ]
2. For the support of your immune system look to our NuriBoost [ <http://www.shaklee.net/mimc/prodNuFeronHome> ] This is daily immune boosting and improves the body natural immune system.
3. One of my top favorite, Resist Complex. [ <http://www.shaklee.net/mimc/product/20613> ] At the very onset of that tickle or cough, jump right on it with Resist Complex. Read the article for more information.
4. Baseline Immune System [ <http://www.shaklee.net/mimc/product/NutriFeron> ] for keeping your

system in excellent working order.

5. Alfalfa with Spearmint, [ <http://www.shaklee.net/mimc/product/Alfalfa> ] draws deep from the earth the natural nutrition and minerals we need for maximum health and wellness. Try a Google Search on the Value of Alfalfa for nutrition.

6. Vitamin C [ <http://www.shaklee.net/mimc/product/VitaC> ] is a household favorite for Natural Vitamins. Choose sustained released or chewable. Vita C always has been known as a powerful antioxidant, supports heart health and immune health as well.

If we would, as families and individuals do more during the year to exercise, get in a good belly laugh, recognize our gratitude's, share with others as we can and supplement our food plans with Natural Vitamins and Supplements, we would all have more health and vitality.

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